

Health Passport

for children and young people



First, we need to know a little bit about you...

Name		Date of Birth	
Address		Hospital Number	
Name of Parents/Carers		Religion	
		Preferred Language	
Telephone Number		School/Nursery Setting	
Who else is involved with me? (Please give details)			
Health Passport completed by:			
Date of completion:			

On the following pages, you can tell us what matters to you...

We use traffic lights so we know how important things are.



Red

Vital information



Amber

Important information



Green

Preferable information

Vital Information

Very important information
you must know about me



Red

Vital information

Diagnosis and medical conditions	
What medication do I take and how do I take it? Any drug allergies?	
Do I have any behaviours that may be challenging or cause risk?	
How do I show pain and how can you support me?	
How you can keep me safe. Do I fall out of bed? Am I unsteady on my feet?	
Are there particular routines that are important to me?	
How am I usually?	
How is my vision and hearing?	
How do I eat and drink? Does my food need to be cut up or liquidised? Could I choke? Do I use special equipment? Do I need help filling in menus?	
How do I communicate and/or understand speech? Do I sign or use pictures? How do I show how I feel? How do I communicate yes & no?	

Important Information

Information about my general daily living



Amber

Important information

What aids or equipment do I use to help me?	
Going to the toilet and personal hygiene needs (eg: pad size, support needs if relevant)	
Washing and dressing	
Moving around (positioning, equipment, support required, safety)	
Breathing	
Expressing emotion	
Sleeping	
Additional information you'd like us to know?	

Preferable Information

Information about my likes, dislikes and comfort issues



Green

Preferable information

What things do I like?

What things do I not like or could make me anxious?

3 things that will make my stay in hospital better

Things that make me feel safe and comfortable

Is there anything else people caring for me need to know?

Useful information and links

The Health Passport has been created by the Specialist Nursing Team at Seaside Child Development Centre. It has been adapted from the Hospital Passport that is currently used by the Bristol Royal Hospital for Sick Children.

We would like to advise parents that they are responsible for the completion and updating of the Health Passport for their child. It is suggested that for children under the age of 1 year the passport should be updated every 6 months. For those aged 1 year or older the passport should be updated annually.

Please note that if your child's condition changes within these time frames then please ensure the Health Passport is updated with the most recent information.

If you need help filling in this form then please contact the health professional that knows your child.

For more copies of the Health Passport please follow link on following websites:

www.sussexcommunity.nhs.uk

www.amazebrighton.org.uk

www.brighton-hove.gov.uk

www.bsuh.nhs.uk